

OLLI at DU Syllabus

Facilitator Name	Ann R Pressler
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Course Title	Let's have a food fight!
Site	OLLI Central on campus
Term	Fall term 2025
Course Sessions	4
Week 1	Class #1 – Challenges of travel and eating in medieval times
Week 2	Class #2 - Impact of new trade routes for spice and tea
Week 3	Class #3 – Food stuffs from the Americas and their influences on the Old World
Week 4	Class #4 – Changes in dining from banquet to individual table, and preservation and refrigeration